

BHC Meeting

March 10, 2022, 3pm

1

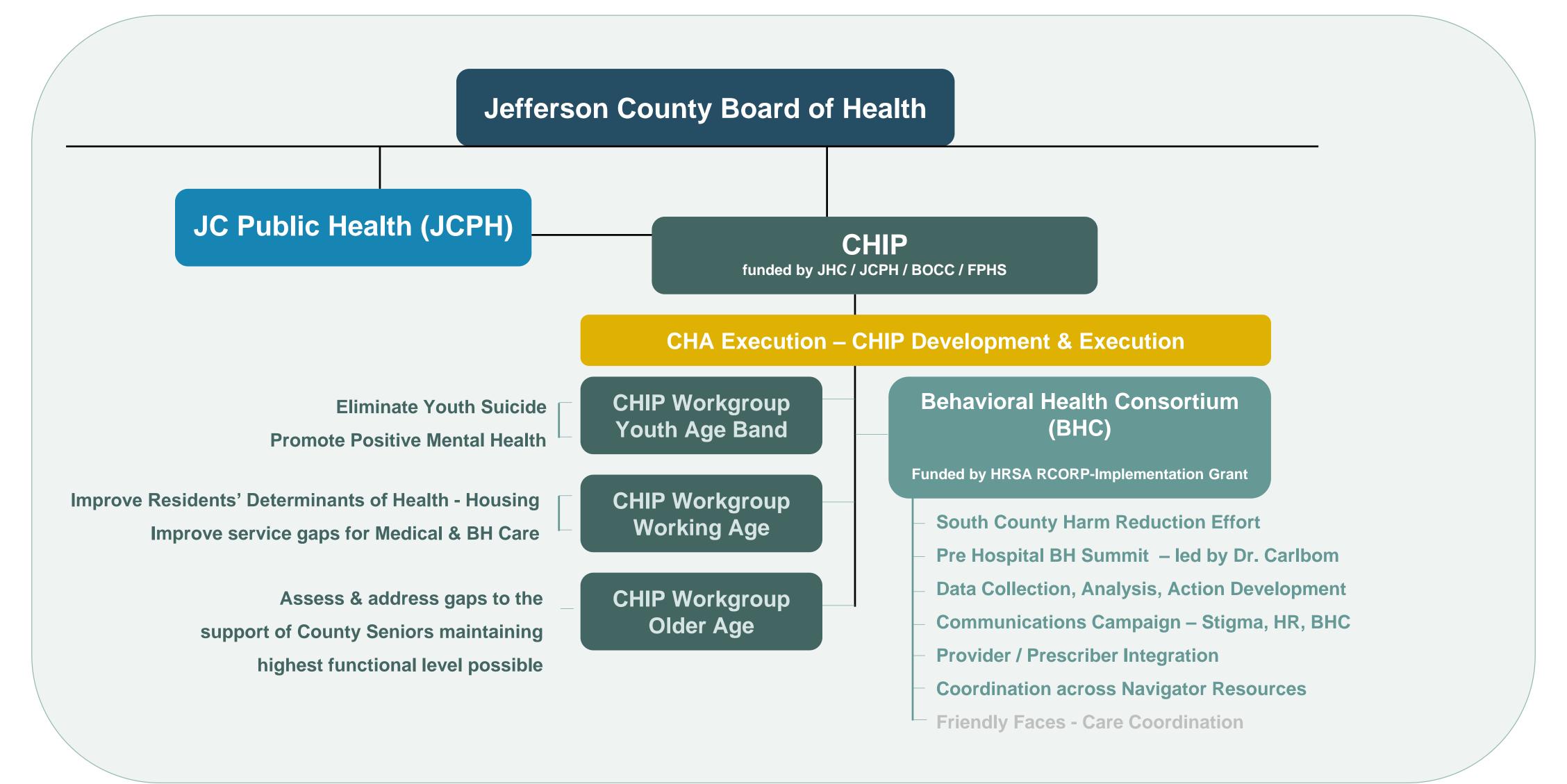
Agenda – 03/10/22 BHC Meeting

- Introductions & Updates 15 Minutes
- CHIP Governance Structure Update 5 Minutes
 - Lori Fleming
- HRSA-22-061 Grant Application Overview 15 Minutes
 - Lori Fleming
- South County Harm Reduction Update 5 Minutes
 - Lori Fleming
- Update: Harm Reduction Communications Action Plan (CAP) 10 minutes
 - Anya Callahan
- Next Meeting: April 14, 3pm Zoom
 - Data Subgroup Update; HRSA Data Update
 - HRSA-22-061 Grant Update



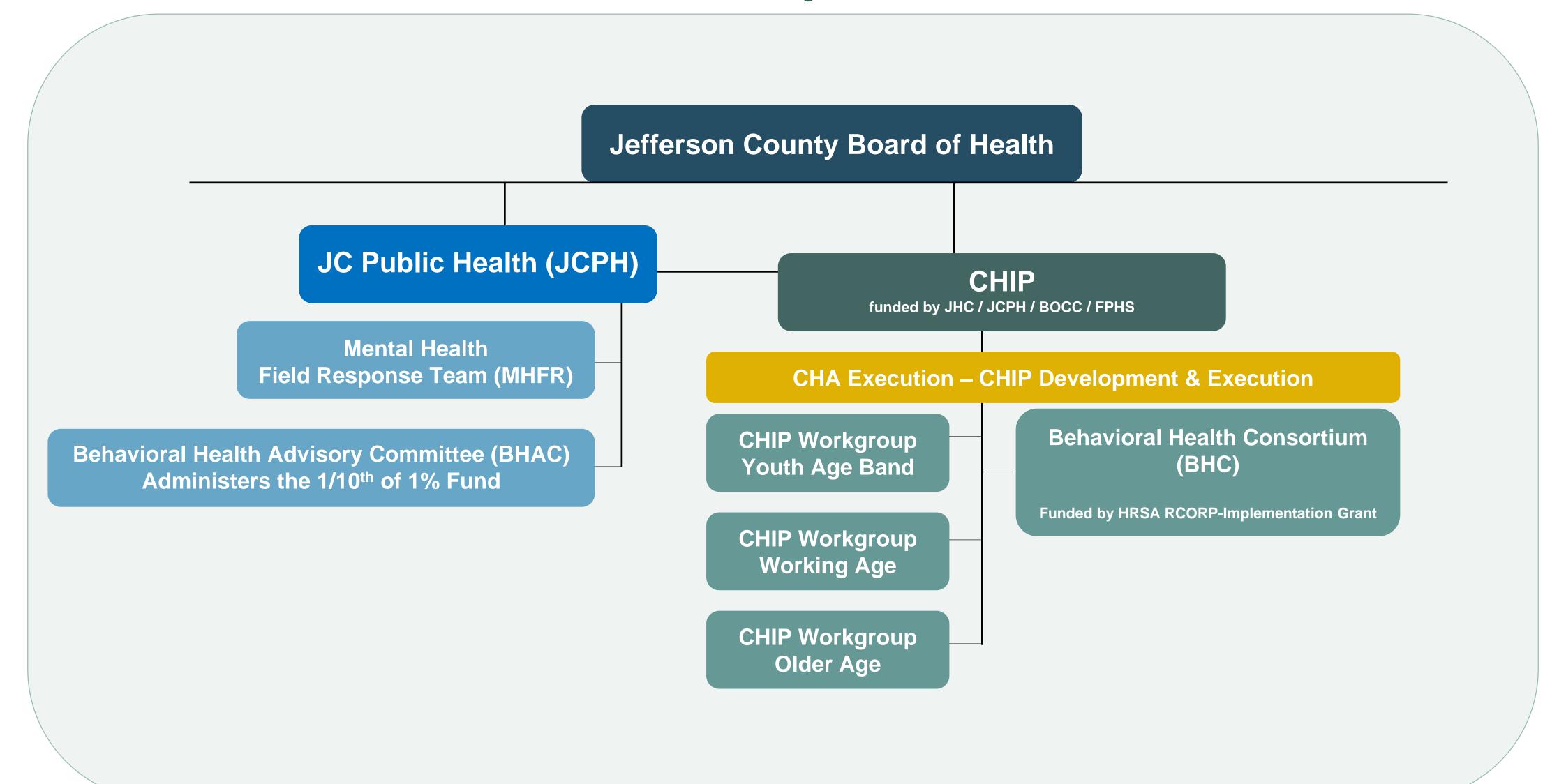


Reporting Overview as of February 2022





CHIP Overview as of February 2022





CHIP Youth Age Band: BHC Application for \$2M RCORP Funding

Performance Period:

9/2022 through 8/2026

Application due 4/19/2022

Funding:

\$500k/year - \$2M Total

Proposed funding overlaps one year with the BHC's current RCORP-Implementation grant.

Purpose:

Supports CHIP and BHC
Youth Age Band objectives
developed in response
to 2019 CHA.

HRSA-22-061-

RCORP-Behavioral Health Care Support NOFO.

Grant Pursuit Webpage

DRAFT/Sketch Work Plan

Work Plan Components

- Address 2019 CHA data indicating declining Youth BH Indicators
- Provide JCEP (4 School Districts) with funding:
 - behavioral health services audit across all 4 districts
 - develop and execute an action plan based on audit results
 - hire School Liaison Interventionist resources.
- Address Unstable Housing Impacts in County's Behavioral Health System
- Collaborate with OlyCAP to assess what data is available and how to integrate useful aspects into BHC's current data efforts.
- Collectively analyze and develop insights as a foundation to develop and support existing efforts to address unstable housing throughout the county.
- Address Equitable Access to BH supports, Youth Extracurricular Activities and School Functions
- Create a nexus between our rural transportation agencies school districts and Jefferson Transit to assess, prioritize, strategize and support/execute actions to address equitable access.
- Expand EMS Data Collection
- Add the EMS Council as BHC Member and contributor to the BHC Data Subgroup to support improved approach and coherence for BHC's data collection, insight generation and action development and execution.



CHIP Youth Age Band: BHC Application for \$2M RCORP Funding

Performance Period:

9/2022 through 8/2026

Application due 4/19/2022

Funding:

\$500k/year - \$2M Total

Proposed funding overlaps one year with the BHC's current RCORP-Implementation grant.

Purpose:

Supports CHIP and BHC
Youth Age Band objectives
developed in response
to 2019 CHA.

Over the course of a four year period of performance, RCORP-BHS award recipients will implement activities that are aligned with the following overarching program goals:

- Address structural- and systems-level barriers to improve rural residents' access to quality, integrated SUD and other behavioral health care services.
- Improve the quality and sustainability of rural behavioral health care services through supporting rural health care providers to offer coordinated, evidencebased, trauma-informed SUD and other behavioral health care services.
- 3) Improve the capacity of the behavioral health care system to address rural community risk factors and social determinants of health that affect the behavioral health of rural residents.

The target population for RCORP-BHS includes:

- 1) Individuals at risk for SUD/OUD and/or co-occurring mental disorders;
- Individuals diagnosed with SUD/OUD and/or co-occurring mental disorders;
- Individuals in treatment and/or recovery for SUD/OUD and/or other co-occurring mental disorders;
- 4) Their families and/or caregivers; and
- Impacted community members¹ who reside in the rural target service area as defined by the <u>Rural Health Grants Eligibility Analyzer</u>.





SC Harm Reduction Vending Machine Project

to locate a
Harm Reduction
vending machine
at Brinnon's
Community Center.

Next Steps

Explore Funding Options with MCOs – Jim Novelli

Approaching Molina and AmeriGroup

Research Machine Specs appropriate for South County – Jim Novelli

Attending meeting with group that has installed one for insight/best practices.

Explore Funding Options for Narcan Supply - Dr. David Carlbom

- Proposal for an "inside" Harm Reduction vending machine @ \$20k
- Proposal for "external" Harm Reduction vending Machine @ \$40k

Develop 2 One-page Funding Request proposals - Lori Fleming

- Proposal for an "inside" Harm Reduction vending machine @ \$20k
- Proposal for "external" Harm Reduction vending Machine @ \$40k

Develop Request for Brinnon's BOCC Board - Fire Chief Tim Manly, Brinnon

Also explore possibility of Chief Manly's team handling local restocking, etc.

Identify who will own the system/technological aspect -

Also explore possibility of Chief Manly's team handling local restocking, etc.

Develop Brinnon Community Engagement / Communication Plan – Anya Callahan

 Community outreach and education to develop relationships and culture with local community; conversations about Narcan; training; focus on keeping loved ones safe.



Harm Reduction Update

Communications Action Plan (CAP) Development

Anya Callahan



Harm Reduction – Initial Assessment

Naloxone Availability in Jefferson County

- 8 sites identified
 - 7 pharmacies indicated available naloxone, dispensed without a prescription.

 QFC Hadlock, QFC Port Townsend, Jefferson Family Pharmacy, Safeway,

 Don's Pharmacy, Tri-Area Pharmacy, Jefferson Healthcare Pharmacy Ludlow
 - The SEP clinic at Jefferson County Public Health
- Findings

The County's southernmost community distribution point for Naloxone is in Port Ludlow and Port Hadlock. No known community distribution sites in South County, including Quilcene, or Brinnon.





Harm Reduction – Opportunities

Goal: Expand South County harm reduction distribution and education

- Overdose prevention & opioid safety education, including drug testing
- Naloxone distribution events and online training
- Increased public coordinated communication about available services
- Brinnon harm reduction vending machine





Harm Reduction – Discussion

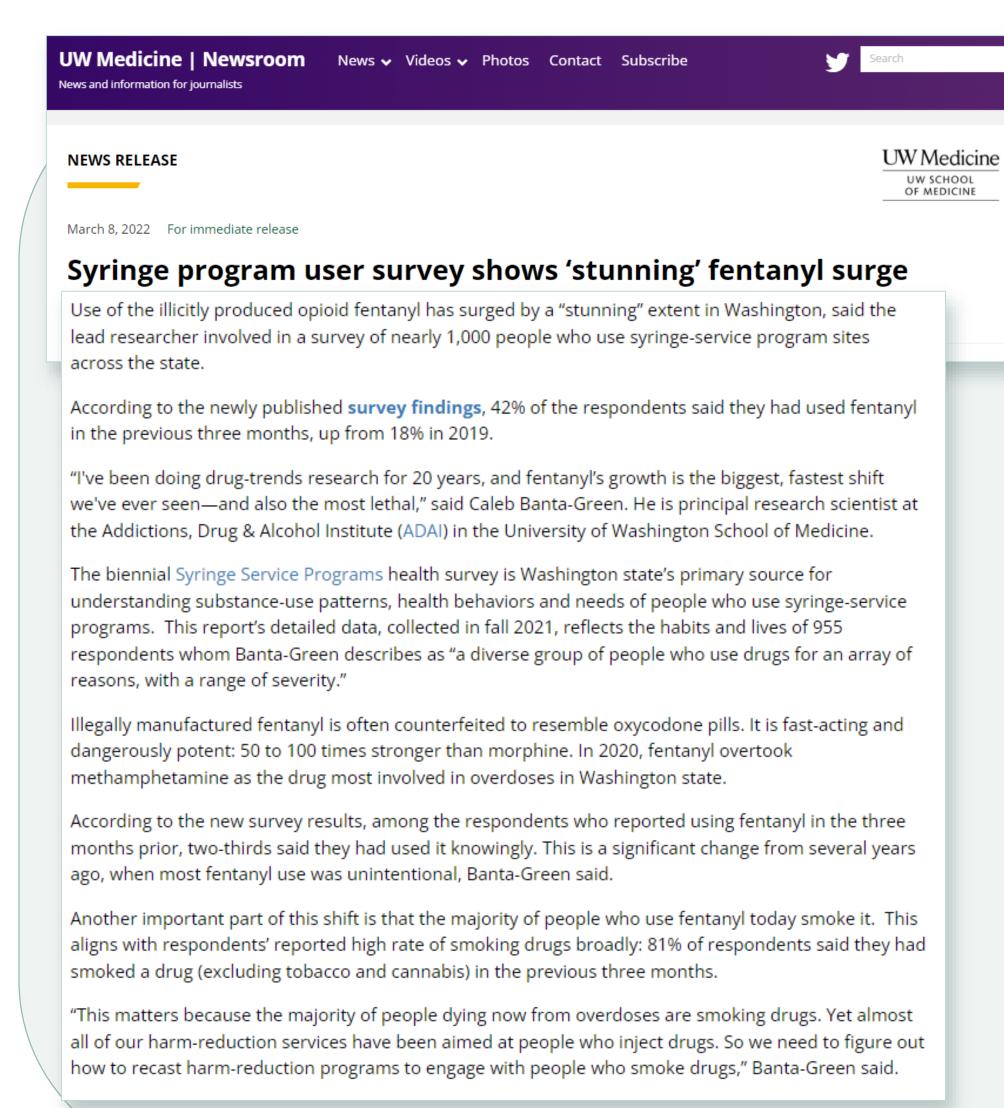
Looking at Jefferson County

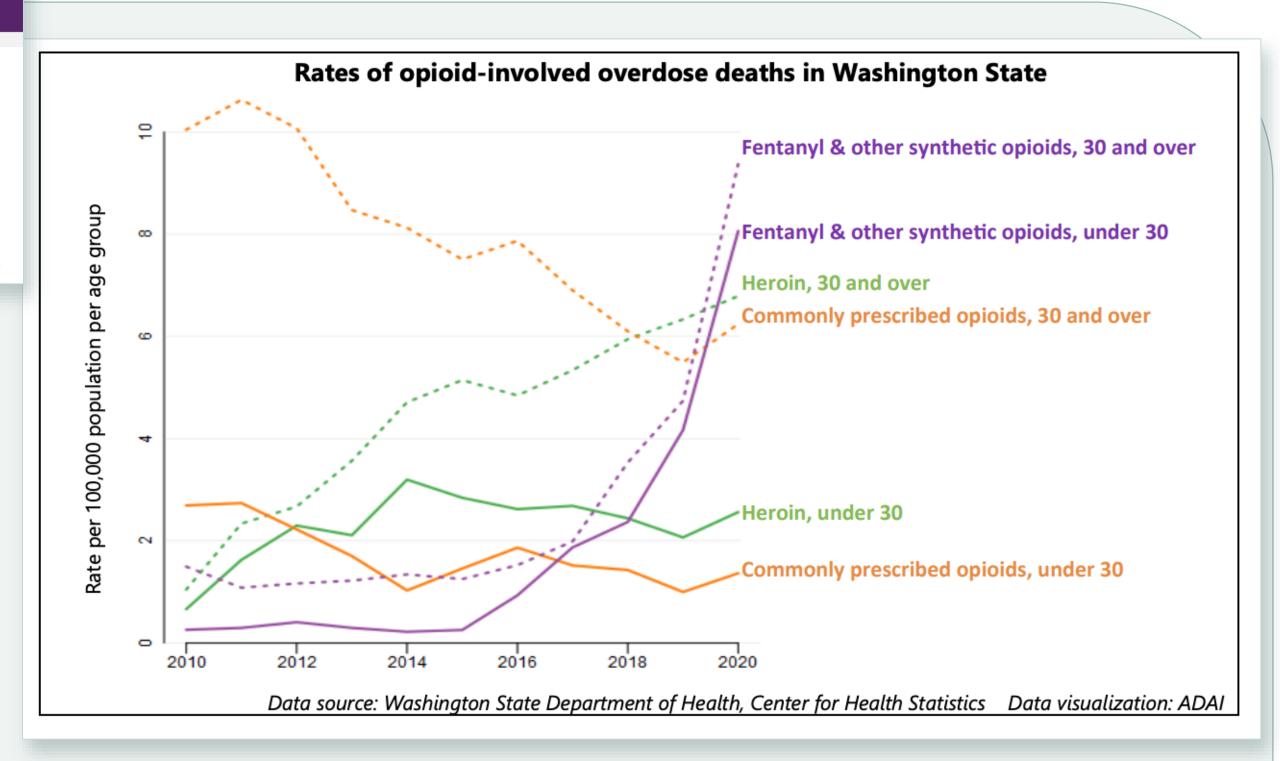
- Where is opportunity for more outreach and increased access?
- How can we reach those most likely to witness overdose?
- What other opportunities do you see?





Fentanyl – ADAI News and Data





The total number of opioid-involved overdose deaths during this period was 8,362. The graph below shows the rate of opioid-involved overdose deaths per 100,000 population for those under age 30 compared to those 30 and older. Some people had more than one opioid type present at the time of death. Each opioid type is shown in a different color. Solid lines represent those under 30 and dashed lines are those 30 or older.

ADAI – Fentanyl among young people in WA State

News Release



Fentanyl Testing and Education

- Test strips are a useful engagement tool to foster discussion with people who use drugs (PWUD) around practicing universal precautions and anticipating the presence of fentanyl in their drug supply.
- Test strips are easy for PWUD to use with minimal instruction, and the response from PWUD about their availability has been extremely positive.
- Test strips are detecting positives in various drug supplies and indicate that we have an increasingly frequent presence of fentanyl.
- Test strips allow PWUD to be more informed about the drugs they are buying and using, leading to behavior change and the adoption of increased harm reduction measures, including sharing information among peers.
- Test strips allow providers to better engage with non-injectors and non-opioid users around overdose prevention and resulted in an increase in naloxone trainings with non-opioid users.
- PWUD demonstrate a high likelihood of implementing one or more harm reduction strategies when learning that their drugs are positive for fentanyl.
- Test strip use has increased general awareness and understanding of fentanyl among PWUD and providers at SAC sites.





Relevant Information and Articles

1

Regional Collaboratives

OCH is casting a wide net to support their Strategic Goal of jumpstarts regional collaboratives.

Description:

With the first wave of the Medicaid Transformation Project coming to an end, OCH adopted a new strategic plan with the following focus areas:

- Together, recovery is possible (substance use disorder)
- Individual needs are met timely, easily, and compassionately
- Everyone has access to the full spectrum
- Everyone housed

The purpose of each action collaborative is to action plan (2023-2026) with organizational, T regional priorities to advance the focus areas Each group will consider:

- · current data
- best practices
- cross-partner strengths
- · measurable metrics
- Ultimately leading to opportunities for sho action.

This event is free and open to the public.

Who should get involved?

OCH is looking to build strong collaboratives among individuals who live and/or work in the Olympic region. Participation is encouraged for partners new and old with varying experience, perspective, and expertise (lived experience, front-line work, project management, etc).

Join us for the Olympic Action Collaboratives Kick-off

Mar 30, 1-3pm

The Olympic Action Collaboratives Kick-off event is a great opportunity to learn about neighboring communities across the region and learn how to get involved in an action collaborative. With the first wave of the Medicaid Transformation Project coming to an end, OCH adopted a new strategic plan with the following focus areas:

- Together, recovery is possible (substance use disorder)
- Individual needs are met timely, easily, and compassionately
- Everyone has access to the full spectrum of care
- Everyone housed

The purpose of each action collaborative is to complete a 4-year action plan (2023-2026) with organizational, Tribal, community, and regional priorities to advance the focus areas on a regional level. Learn more and register here. Email och@olympicch.org with any questions.

Register here



PNW / WASHINGTON STATE NEWS

- Seattle police and federal agents seize thousands of fentanyl pills, guns in ongoing operation—Seattle Times
- Fentanyl overdose deaths put community on edge (Kittitas County) Daily
 Record
- To fight opioid crisis, UW researchers take new shot at developing vaccine
 against addictive drugs Seattle Times





Ending Overdose is a National Priority

- In last week's State of the Union address, Biden became the first president to mention harm reduction and millions of people heard the phrase for the first time.
- The White House issued a <u>follow-up fact sheet about MOUD/MAT</u> outlining priorities to reach universal access to methadone and buprenorphine by 2025, to remove unnecessary barriers, to extend COVID-related SAMHSA regulations (including telehealth and take-home), to support mobile MOUD, and to expand access to medication in federal prisons.
- "People who use heroin and others who inject drugs who regularly utilize a Syringe Services Program (SSP) are five times more likely to initiate substance use disorder treatment, compared with those who have never used an SSP." -White House follow-up fact sheet



National Information

- A brain circuit linking pain and breathing may offer a path to prevent opioid deaths, NPR
- Harm reduction' for drug use is here, but where do we draw the line? The Hill
- The Opioid Crisis in 2021: Benchmark Legal Decisions and Deaths—Frontline
- 2022 a critical year to address worsening drug-overdose crisis—AMA
- Older adult opioid overdose death rates on the rise—Science Daily
- <u>Drug Overdose Mortality Among People Experiencing Homelessness, 2003 to 2018</u>—JAMA
 Network
- Overdose deaths hit a historic high in 2020. Frustrated experts say these strategies could save lives—PBS NewsHour
- Executive Order on Imposing Sanctions on Foreign Persons Involved in the Global Illicit
 <u>Drug Trade</u>—The White House
- Disparities by Sex and Race and Ethnicity in Death Rates Due to Opioid Overdose Among
 Adults 55 Years or Older, 1999 to 2019—JAMA Network
- Black men hit hardest by drug overdose deaths in recent years—Pew Research Center

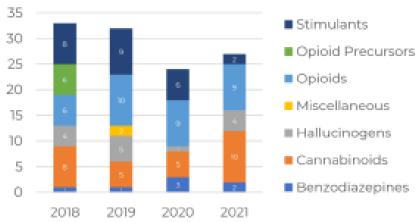


YEAR IN REVIEW 2021



Purpose: This report provides cumulative and updated statistics about the emergence and landscape of novel psychoactive substances (NPS) in the United States based on data developed by NPS Discovery at the CFSRE — a premier open-access drug early warning system utilizing an evidence-based approach to disseminate information for real-time public health and safety actions.

Since 2018, NPS Discovery has reported 116 newly discovered NPS in the United States (Figure 1). NPS opioids remain the largest subclass (Figure 2). In 2021, NPS Discovery reported the discovery of 27 NPS for the first time.



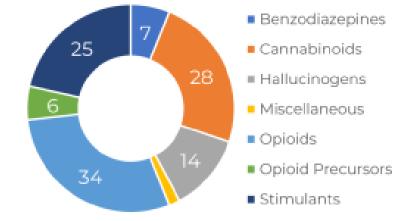
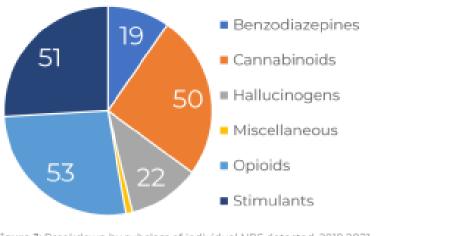


Figure It Newly discovered NPS reported for the first time since 2018.

Figure 2: Breakdown by subclass of newly discovered NPS, 2018-2021.

Since 2018, NPS Discovery has identified 197 NPS in forensic samples (Figure 3). NPS opioids, stimulants, and cannabinoids represent the largest subclasses observed. In 2021, 97 total NPS were detected (Figure 4).



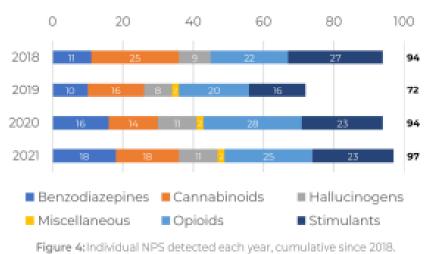
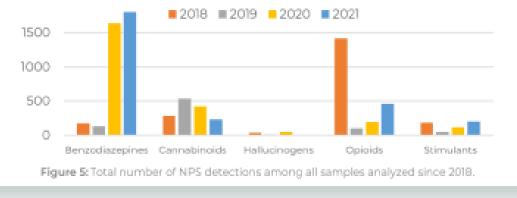
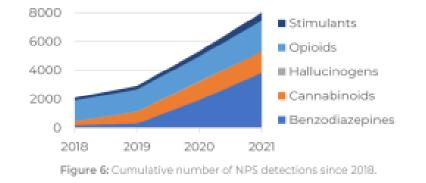


Figure 3: Breakdown by subclass of individual NPS detected, 2018-2021.

In 2021, NPS Discovery observed more than 2700 total NPS detections within examined sample populations (Table 5), a portion of more than 8100 total NPS detections since our program launched in 2018 (Figure 6).





NPS Discovery's Year in Review 2021

Opioid Overdoses from the Toxicology Investigators Consortium (ToxIC) Fentalog Study Group

Purpose: This report provides new information regarding comprehensive drug testing of clinical biological specimens collected after suspected opioid overdoses in various cities across the United States.

Overview: Drug use can lead to adverse events and overdose scenarios where individuals present to emergency departments for clinical evaluation and/or treatment. The culprit can be traditional drugs (e.g., heroin, fentanyl, cocaine, methamphetamine) or novel psychoactive substances (NPS); however, proper drug testing methodologies must be employed for accurate identification and characterization. Street-level drug preparations can contain undeclared or unwanted substances, such as toxic adulterants or NPS, which can potentiate effects or lead to adverse reactions. Understanding emerging drug trends and drug testing results can help direct new or revised approaches to clinical treatment and harm reduction efforts.

Objective: A partnership between the American College of Medical Toxicology (ACMT) and the Center for Forensic Science Research and Education (CFSRE) was established to comprehensively assess the role and prevalence of synthetic opioids and other drugs among suspected overdose events in the United States.

Location: Portland, OR

was very common (83%)

NPS: Bromazolam

Key Findings:

least one opioid

fentanyl (35%)

and methadone (14%)

was observed (43%)

use was observed (22%)

use was less common (17%)

Location: Grand Rapids, MI

100% of samples were positive for

Fentanyl (100%) was commonly

detected followed by heroin (17%)

Combined opioid and stimulant use

Combined opioid & benzodiazepine

92% of samples were positive for at

detected, followed by tramadol (30%)

Fentanyl (81%) was commonly

Xylazine was observed alongside

Combined opioid and stimulant use

Combined opioid and benzodiazepine

NPS: Metonitazene, Isotonitazene,

Clonazolam, Etizolam, Bromazolam,

ACMT | American College of Medical Toxicology

ToxIC | Toxicalogy | Investigation |

and para-Fluorofentanyl (35%)

Key Findings:

at least one opioid

Sample Source: Patients presented to emergency departments within ACMT's Toxicology Investigators Consortium (ToxIC) experiencing a suspected opioid overdose. Residual, discarded biological samples were obtained for testing against an expansive library of drugs and other substances. Our findings provide a near real-time assessment of the drug market and allude to resulting implications on clinical institutions.

Testing: Analysis was performed via liquid chromatography quadrupole time-of-flight mass spectrometry (LC-QTOF-MS). The scope of testing targeted more than 900 drugs, including a vast majority of NPS and metabolites. Drug classes included opioids, stimulants, cannabinoids, and benzodiazepines, among others.

Acknowledgements: This report was prepared by Alex Manini, MD; Alex J. Krotulski, PhD; Sara E. Walton, MS; Paul Wax, MD; Jeffery Brent, MD, PhD; Kim Aldy, DO; Alexandra Amaducci, DO; Diane Calello, MD; Adrienne Hughes, MD; Anthony Pizon, MD; Michael Levine, MD; and Barry K. Logan, PhD, F-ABFT. The authors acknowledge ACMT personnel, ToxIC investigators, and CFSRE staff for their contributions. Funding was received from the National Institute on Drug Abuse (NIDA) from the National Institutes of Health (NIH), Award Number: R01DA048009. The opinions, findings, conclusions and/or recommendations expressed in this publication are those of the authors and do not necessarily reflect those of NIDA, NIH, or other agencies. For more information about NPS Discovery, contact npsdiscovery@cfsre.org or visit

New Hampshire Washington Vermont: Massachusetts Montana North Dakota Minnesota Oregon Idaho South Dakota New York Wyoming Rhode Island nsylvania. Connecticut Nevada New Jersey Illinois Indiana Missouri Kansas Maryland Virginia ` Kentucky North Carolina Tennessee Oklahoma Arizona Arkansas South Carolina New Mexico Alabama Mississippi Texas Louisiana Hawaii "

Key Findings:

Location: New York, NY

- 82% of samples were positive for at least one opioid
- Fentanyl (55%) was commonly detected, followed by methadone (50%), heroin (23%), and tramadol (18%)

Q4 2021

- Xylazine was observed alongside fentanyl (36%)
- Combined opioid and stimulant use was observed (32%)
- PCP and TCP were detected
- NPS: MDMB-4en-PINACA and para-Fluorofentanyl (14%)

Location: Newark, NJ

Key Findings:

- 100% of samples were positive for at least one opioid
- Fentanyl (92%) was commonly detected, followed by heroin (25%) and tramadol (17%)
- Combined opioid and stimulant use was common (58%)
- PCP was detected alongside fentanyl
- NPS: N-Piperidinyl Etonitazene, ADB-PHETINACA, Clonazolam, and para-Fluorofentanyl (33%)



the Toxicology **Investigators** Consortium

Opioid

(ToxIC)

Fentalog Study **Group** Q4 2021

Overdoses from

Location: Los Angeles, CA

Key Findings:

- 100% of samples were positive for at least one opioid
- Fentanyl (83%) was commonly detected followed by heroin (17%)
- Combined opioid and stimulant use was observed (50%), as well as combined opioid and benzodiazepine use (67%)
- NPS: Metonitazene, Clonazolam, and Flubromazolam

100% of samples were positive for at least one opioid

Location: Pittsburgh, PA

Key Findings:

- · Fentanyl (90%) was commonly detected, followed by methadone (30%) and tramadol (20%)
- Combined opioid & stimulant use was common (60%)
- Combined opioid & benzodiazepine use was common (60%)
- NPS: Clonazolam (60%) and para-Fluorofentanyl (40%)

Webinar

Current Trends in

Counterfeit Pills

-MX908 Webinar

Speaker David Godin Director of Field Forensic Applications

Webinar On Demand

Current Trends in Counterfeit Pills

Join us as we discuss the importance of identifying controlled substances in the field due to the rise of high potency counterfeit pills.

By watching this webinar, you will learn about:

- The unique detection challenges synthetic designer drugs pose to law enforcement
- The increased availability of controlled substances with the Dark Web
- How MX908 excels at identifying street drugs at low concentration, but high potency narcotic mixtures
- Current trends in synthetic designer drugs in pill form
- Case studies where trace detection with the MX908 led to seizures, arrests, and intelligence gathering

Due to the nature of the webinar content, attendance is limited to government, military, and law enforcement organizations. Therefore, we request that you use your government email address when registering.

For questions or to request an exception, please contact marketing@908devices.com.



R.E.A.L Program – New RFP Due 4/14/2022

SALISH BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION

> REQUEST FOR PROPOSAL 2022-113

> > R.E.A.L. PROGRAM

Submission Deadline: April 14, 2022



Legislative Tracking

WA State Bills related to LE's physical use of force, Harm Reduction and Behavioral Health

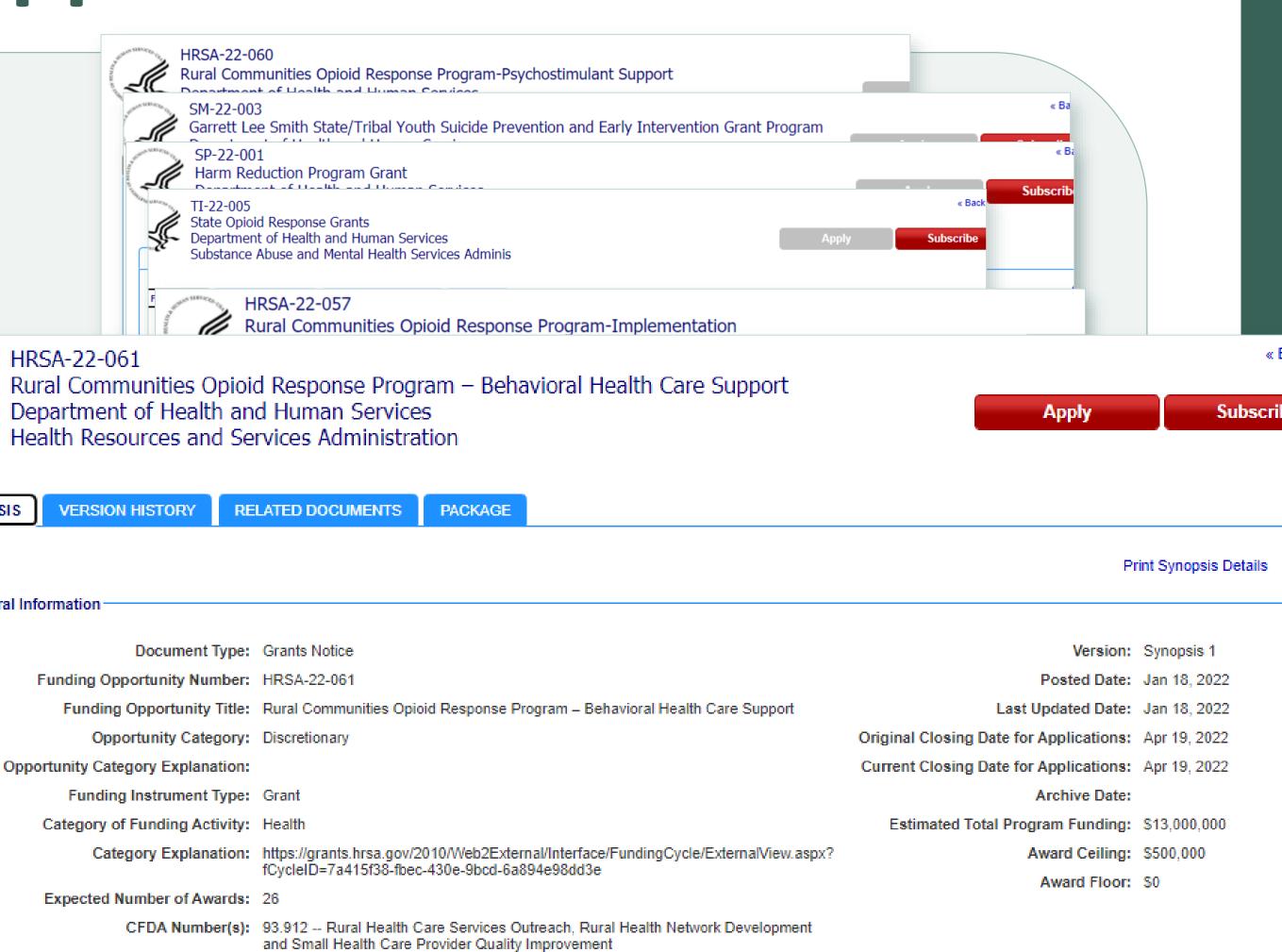
- HB 5675 Concerning permissible use of force.
- HB 1726 Modifying the standard for use of physical force by peace officers.
- <u>HB 1589</u> Concerning the authority of peace officers to use physical force.
- <u>HB 1737</u> Use for Court Orders or Joel's Law, improving public safety.
- <u>SB 5919</u> Concerning the standard for law enforcement authority to detain or pursue persons (Similar to HB 1737) Concerning the standard for law enforcement authority to detain or pursue persons. Will be discussed/reviewed tomorrow (2/3/2022). Discussion that WASPC is supporting and pushing forward HB 5919.
- SHB 1735 Modifying the standard for use of force by peace officers. Custody under 71.05 and 71.34 ITA Laws and makes a declaration of necessity for officers to respond. Passed on January 28th and read into the senate.
- HB 2037 Modifying the standard for use of force by peace officers.
- <u>SB 5509</u> Exempting fentanyl testing equipment from the definition of drug paraphernalia..
- <u>SB 5954</u> Reducing the impacts and incidences of chronic and unsheltered homelessness.had a hearing on 2/3 result?
- <u>HB 1761</u> Allowing nurses to dispense opioid overdose reversal medication in the ED.
- <u>SB 5524</u> Is dead. Was focused on imposing a sentence of life in prison for controlled substances homicide for fentanyl-laced drugs.



Potential Funding Opportunities

Cost Sharing or Matching Requirement: No

- HRSA 22-061 RCORP OU/MH/BH \$2M
 Post: 01/18/22, Due: 4/19/22, Start 9/1/2022
- SAMHSA <u>SP-22-001</u> Harm Reduct Program Suicide/Early Prevention; \$400,000.
 Post 12/8; Due: 2/07/22; Start: Unknown
- HRSA 22-060 RCORP-PsychoStim \$520k
 Post 1/12/22, Due: 4/13/22, Start: 9/1/22
- SAHMSA SM-22-003 Youth Suicide/Early Prevention; \$733,333.33 Post 12/30/21; due: Unknown; Start: Unknown
- SAMHSA TI-22-005 State Opioid Response-Regional; ?\$23,666,666? Post 2/15/22; due: Unknown; Start: Unknown.
- HRSA-23-057 RCORP-I \$714,285.00
 Post: 11/18/22, Due: 2/16/23, Start: 9/1/23





Upcoming Meetings

- Weekly Tuesdays and Thursdays BH Therapeutic Court and Therapeutic Drug Court respectively
- 3/10 SSP Survey Results Meeting
- 3/10 BIR / G2F Data Mindmeld
- 3/11 Olympic Ambulance/MetroWest Data Explore
- 3/11 JCPH / LF Monthly Meeting
- 3/11 Benji Project Discussion
- 3/11 Recovery Café Data Mindmeld
- 3/14 ADAI/DOH Harm Reduction Messaging
- 3/14 OCH Board Meeting
- 3/15 Rural Urban Differences in Youth ACES
- 3/15 R.E.A.L. Program Policy Coordination Mtg
- 3/15 PIMS: Improving Data Quality,
 Increasing Data Utilization
- 3/15 BHAC Mtg

- 3/16 Grant Prep JCEP
- 3/17 White House Rural Stakeholders Mtg
- 3/17 Board of Health
- 3/18 SBH-ASO Board meeting
- 3/22 EDC-ASAP Meeting
- 3/23 HRSA Using Data to Enhance Webinar
- 3/30 ?OCH Collaboratives?
- 3/31 JCPH's Mental Health Field Response Mtg
- 4/5-7 3 day reverse site visit
- 4/11 OCH Board Meeting
- 4/12 3/11 JCPH / LF Monthly Meeting
- 4/14 White House Rural Stakeholders Mtg
- 4/14 BHC Meeting



Next BHC Meeting

Thursday, April 14th, 2022

@3pm



1

Acronym Sheet

BH – Behavioral Health **MH** – Mental Health **BHC** – Behavioral Health Consortium **MOUD** – Medications for Opioid Use Disorder **CAP** – Communication Action Plan **OUD** – Opioid Use Disorder **CHA** – Community Health Assessment **PTPD** – Port Townsend Police Department **CHIP** – Community Health Improvement Plan **PWUD** – People Who Use Drugs **DCR** – Designated Crisis Responder RHNDP-P - Rural Health Network Development Program -**DUI** – Driving Under the Influence Planning (HRSA Grant Awarded 2018-2019) **ED** – Emergency Department RCORP-P - Rural Community Opioid Response Program -**EJFR** – East Jefferson Fire Rescue Planning (HRSA Grant Awarded 2019-2020) **EMS** – Emergency Medical Services RCORP-I – Rural Community Opioid Response Program – JCPH – Jefferson County Public Health Implementation (HRSA Grant Awarded 2020-2023) **JeffCo** – **Jefferson County** R.E.A.L. – Recovery, Empowerment, Advocacy, Linkage JHC – Jefferson Healthcare **SUD** – Substance Use Disorder **HFPD** – Health Facilities Planning & Development Consultants **TBH** – To Be Hired **HRSA** – Health Resources and Services Administration **VOA** – Volunteers of America – Crisis Line **ITA** – Involuntary Treatment Assessment **Vol - Voluntary** MAT – Medically Assisted Treatment **Invol** – **Involuntary**